



Welcome to the Tap Blog - The Home for Media Sceptics

The blog that's fed by the readers. Please send in the news and stories that you think are of interest to an awakened audience. [Read more...](#)

Taxing cow gas

Mon 10:20 pm +01:00, 21 Oct 2024

posted by *Tapestry*

What have the 1)Green Revolution, 2)Capitalism and then 3)Globalism done to our FOOD and to us? My 32 slide deck

Sorry, but substack is not allowing me to post the pdf

Meryl Nass
Oct 21



READ IN APP ↗

Get the latest Tap posts by email daily.

Show the Tap Some Love

Your support
keeps us online

[Donate Now >](#)

Secure Donation

Buy Me a Coffee

The Alternative View Newsletter

Subscribe for news and event info:

[Email](#)



SUBMIT

Events in the UK

The Alternative View 5G Special

Date: 9 March 2025





Feeling optimally Nourished?

What have the:

1. Green Revolution,
2. Capitalism and
3. Globalism

Done to Our Food and to Us?

Meryl Nass, MD
October 19, 2024

Time: 11:00 - 16:30

Location: The Glanrhed Coronation Club,
Glannant, Ystradgynlais, Swansea, SA9 1BQ
More info



Speakers: John Kitson – Claire Edwards – Mark Steele

Each speaker will be focusing on a different aspect of 5G and associated subjects

Event hosted by Gary Fraughen

Info and Booking

The Glanrhed Coronation Club, Glannant,
Ystradgynlais, Swansea, SA9 1BQ



CGIAR Seed Bank in Colombia



A success story in global cooperation, CGIAR's network of genebanks is helping scientists climate-proof food systems and address some of humanity's most pressing challenges

"More than 50 years ago, CGIAR's research into high-yielding, disease-resistant rice and wheat launched the [Green Revolution](#), saving more than a billion people from starvation. In the years since then, their work on everything from livestock and potatoes to rice and maize has helped reduce poverty, increase food security, and improve nutrition."

--Bill Gates

<https://www.gatesnotes.com/How-CGIAR-is-feeding-our-future>

Latest Comments

PKinPanama on The Unreachables: When Truth Becomes a Bitter Pill

PKinPanama on Have We Ever Seen A Time When 4 Major Global Wars Are All Percolating Simultaneously?

newesign on Revealed – A New Perspective to The Recent Pandemic Connected to Cover-ups Going Back to The 1940's

pete fairhurst 2 on Have We Ever Seen A Time When 4 Major Global Wars Are All Percolating Simultaneously?

pete fairhurst 2 on Breaking: Major National Cybersecurity Exercise on Election Day; What???

danceaway on Breaking: Major National Cybersecurity Exercise on Election Day; What???

Belyi on 30 year old Qantas pilot dies 'suddenly' – Diquick-19 vaxxed

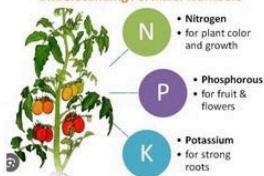
Links and Ads

The Tap is a free resource. To help keep it free please visit our advertisers and/or consider a small donation.



What do plants need to grow?

Understanding Fertilizer Numbers



In order for soil to serve us up a full complement of nutrition, in the form of nearly 70 elements biologically transformed to be assimilated for optimum health — the soil itself must have all of these elements and be fully functional to a considerable depth.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2887071/>

Critical leaf concentrations for soil	
Element	Essential Plant
Nitrogen (N)	yes
Potassium (K)	yes
Phosphorus (P)	yes
Calcium (Ca)	yes
Magnesium (Mg)	yes
Sulphur (S)	yes
Chlorine (Cl)	yes
Boron (B)	yes
Iron (Fe)	yes
Manganese (Mn)	yes
Copper (Cu)	yes
Zinc (Zn)	yes
Nickel (Ni)	yes
Molybdenum (Mo)	yes
Sodium (Na)	beneficial
Selenium (Se)	beneficial
Cobalt (Co)	beneficial

orange
county

BUY
NOW!



Expertly blended, award-winning CBD oils!
Available in full & broad spectrum.

USE CODE TAP20 FOR A 20% DISCOUNT



Ecommerce-Help

Specialists in Ecommerce and Shopping Cart systems. We also offer WordPress setup, development, fixing and support.



WORDPRESS

www.ecommerce-help.co.uk

www.ecommerce-help.co.uk/wordpress-services

Alternative View Media

The guys who run The Tap and The Alternative View Conference. Please check them out.



www.alternativeview.co.uk



Food Weaponization Makes a Deadly Comeback

How to Combat the Revival of an Ancient Tactic

By Zach Helder, Mike Espy, Dan Glickman, Mike Johanns, and Devry Boughner Vorwerk
March 22, 2024

- "...unlike nuclear weapons, food weaponization is routinely used in warfare."
- In 1974, U.S. Secretary of Agriculture Earl Butz made a bold and now infamous pronouncement to *Time* magazine: "Food is a weapon. It is now one of the principal tools in our negotiating kit." In the context of the Cold War, Butz viewed American agricultural abundance as an instrument of coercion that Washington could wield in the Third World: food aid and trade in exchange for political concessions....
- Washington should campaign for an international treaty prohibiting food weaponization... A treaty process would engage the whole of society, from ordinary citizens to world leaders, to reckon with the danger of food weaponization and, if successful, produce a legally binding commitment to abandon the practice."

https://www.foreignaffairs.com/ukraine/food-weaponization-makes-deadly-comeback?check_logged_in=1

The Law of Frequencies

Mathematical Rules in The Development of Universal Frequencies in Curing Diseases Including Cancer, Lyme Disease, Morgellons, Nanotechnology and MND/ALS



UN's WORLD FOOD PROGRAM

SAVING LIVES
CHANGING LIVES

"Chronic hunger continues to rise."

The 2030 Agenda for Sustainable Development affirms countries' resolve to end poverty and hunger, reduce inequality, build peaceful societies, stimulate environmentally sustainable and inclusive economic growth, and protect human rights. However, global upheavals such as the COVID-19 pandemic have limited and even reversed progress on some of these aims. This puts global efforts to achieve the 2030 Agenda in jeopardy.

Chronic hunger has been on the rise since 2014.

- The situation deteriorated drastically in 2020, with up to **811 million people** classified as chronically hungry.
- Across the countries where WFP operates, an estimated **283 million people** needed urgent food assistance in 2021.
- A staggering **45 million** were at emergency levels of acute hunger.
- The global burden of malnutrition remained enormous, as almost **150 million children** stunted (impaired growth), **nearly 50 million wasted** (low growth for height) and **half the world's children** suffering from micronutrient deficiencies."

2. Capitalism: In today's world the primary job of the corporation is maximizing shareholder profits NOW

- **Polluting transfers costs** to others, improving profitability.
- **Short-term profits** raise price of equities and executive compensation. When the industrialist does not own the land (CAFO with manure lagoons, rented farmlands) there is **no commitment to the soil**
- Grazing of cattle and sheep has stood in the way of consolidation of the industry and is being **attacked in multiple ways**
- **Government regulation** is pushing small ranchers out (electronic ear tags, slaughterhouse rules, etc.)
- **Ractopamine**, banned in 100 countries, is used in US meat
- **Difficult for farmers to charge for (unmeasurable) nutritional benefits**

Latest Frequency

THE HOLY GRAIL

584069724426078

or

58407

Download

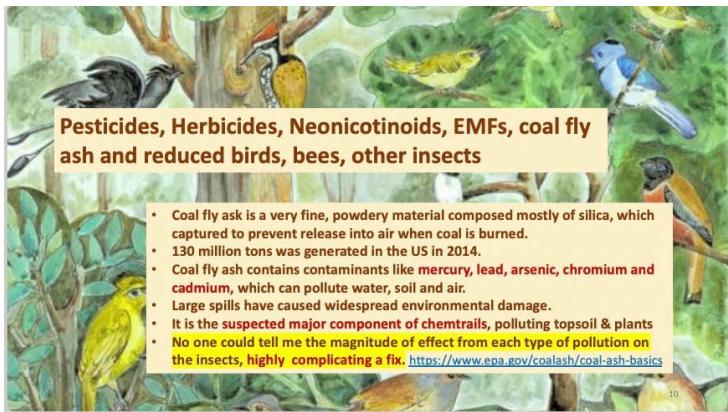
<https://thelawoffrequencies.com>

Rife and The Law of Frequencies video presentation



ATOM FEED





Many of today's unhealthy foods were brought to you by Big Tobacco

The new research, published in the journal Addiction, focuses on the rise of "hyper-palatable" foods, which contain potent combinations of fat, sodium, sugar and other additives that can drive people to crave and overeat them. The Addiction study found that in the decades when the tobacco giants owned the world's leading food companies, the foods that they sold were far more likely to be hyper-palatable than similar foods not owned by tobacco companies..."

Tobacco companies got into the food business 60 years ago to diversify their product portfolios. These firms had extensive libraries of colors, flavors and additives that they developed for cigarettes, and executives realized they could use these ingredients to make a variety of processed foods...

In the 1960s, R.J. Reynolds launched a project to develop sugary drinks, which involved market research on children. In an internal memo that year, the company's manager of biochemical research wrote to an RJR executive that the firm was not "merely" a tobacco company: "R.J. Reynolds is in the flavor business." In 1985 RJR acquired Nabisco and developed low fat cookies. In 2000 Nabisco was sold to Philip Morris, which also owned Kraft and General Foods...

By 2018, the differences in previously tobacco-owned foods and other foods had mostly disappeared. It's not that foods got healthier, Fazzino said, but that other companies saw what worked and many products likely were reformulated to make them just as hyper-palatable..."

<https://www.washingtonpost.com/wellness/2023/09/19/addiction-foods-hyperpalatable-tobacco/>

STAT: Q&A: What worries FDA chief Robert Califf?

• Robert Califf, a cardiologist and commissioner of the FDA, has been deeply involved in cardiovascular research over the course of his career. But in a conversation with STAT's Liz Cooney, he invoked his role as a grandfather to explain his thoughts on **how ultra-processed foods impact health**.

• "I have this recurrent thought that my great-grandkids will read that there was once a country called the U.S.A. where we used overwhelming manipulation of food and advertising to create an enormously obese population. And our solution to it was to invent a class of drugs that cost \$20,000 a year to try to counteract it," he told Liz. "And they would say, 'What kind of country is that?'"

<https://www.statnews.com/2024/10/16/qanda-fda-chief-califf-heart-health-obesity-drugs-primary-care-food/>



The World's Largest Food and Beverage Companies in 2022					
Food Rank	Global 2000 Rank	Company	Country	Industry	Spec.
1	46	Nestle S.A.	Switzerland	Food, Drink & Tobacco	Food Processing
2	86	PepsiCo, Inc.	United States	Food, Drink & Tobacco	Beverages
3	93	Anheuser-Busch InBev SA	Belgium	Food, Drink & Tobacco	Beverages
4	114	Coca-Cola Co.	United States	Food, Drink & Tobacco	Beverages
5	222	Mondelēz International	United States	Food, Drink & Tobacco	Food Processing
6	237	Archer Daniels-Midland Company	United States	Food, Drink & Tobacco	Food Processing
7	287	Diageo plc	United Kingdom	Food, Drink & Tobacco	Beverages
8	292	Kweichow Moutai Co., Ltd Class A	China	Food, Drink & Tobacco	Beverages
9	318	Tyson Foods, Inc. Class A	United States	Food, Drink & Tobacco	Food Processing
10	330	Danone SA	France	Food, Drink & Tobacco	Food Processing

World's 5 largest food companies make mostly junk foods with poor nutritional content or beer

<https://www.forbes.com/sites/chloesorvino/2022/05/12/the-worlds-largest-food-companies-in-2022/>

13

Home > Agriculture and Human Values > Article

The rise of multi-stakeholderism, the power of ultra-processed food corporations, and the implications for global food governance: a network analysis



Agriculture and Human Values

Open access | Published: 11 June 2024

- "First, our findings show that global food system MIs (multistakeholder institutions) are disproportionately led at the board and advisory level by a small number of UPF manufacturers, corporations from affiliated industries, and their representative corporate interest groups. This indicates that there is strong centrality to the MI network, given that a small number of corporations, in particular Unilever, Nestlé, PepsiCo, The Coca-Cola Company, WEF, Mars, DSM, Rabobank, WBCSD, and Danone fill close to half of the MI board seats analysed
- This study's second major finding is that global food system MIs are also disproportionately led by board members from HICs, with more than half drawn from the just four countries including the United States, Switzerland, United Kingdom, and the Netherlands.
- Third, MIs involving the UPF industry demonstrate connections with UN agencies, governments, NGOs, and research institutions, which they may seek to influence and draw legitimacy from by association: **Blue-Washing**"
- <https://link.springer.com/article/10.1007/s10460-024-10593-0>

14

Are the globalists really coming after our Food?



1. Inducing famines through WTO rules that prevent national grain storage
2. Reducing food quality through harmful additives, hormones, chemicals
3. Reducing cows, pigs, sheep, goats, bison **allegedly** to reduce methane and nitrogen releases (Holland)
4. Reducing land available for farming via "return to nature" and "protecting biodiversity" programs (Natura 2000; 30 x 30, NACS) and solar and wind "farms"
5. Reducing inputs like fertilizer (Ukraine origin, insufficient rail cars to transport it)
6. Government-enforced "organic" farming (Sri Lanka) reduced rice production by half
7. Claiming food grown in factories has a **smaller carbon footprint** (like electric vehicles are promoted for their low carbon footprint by ignoring the energy to manufacture them)—it is too soon to know this
8. Increasing regulations (electronic ear tags, insufficient meat inspectors, no raw dairy)
9. One Health: Impose international standards on developing nations
10. Geengineering ?? being used to modify weather and rainfall "Contamination of soil with cadmium, nickel, copper, lead, arsenic, chromium, and zinc can be a primary route of human exposure to these potentially toxic elements." <https://pubmed.ncbi.nlm.nih.gov/26450689/>



15





Reuters World US Election Business Markets More ▾

COP28 | Sustainable Markets | Climate Change | Climate Solutions

How food and agriculture contribute to climate change

By Leah Doohan December 2, 2023 2:09 AM EST Updated 10 months ago

Global livestock production generates around 14.5% of all anthropogenic GHG emissions, according to FAO.

Food under feed truck. Livestock are great meat is loaded into a truck before being sent to a farm. © Reuters / David Vlasiuk. (Source from new York City, U.S., November 11, 2023) (Photo by David Vlasiuk/The Photo Journalist) [REDACTED]

Does agriculture really contribute 33% of total GHG, 10% or even less?

<https://www.epa.gov/greenhouse-gas-emissions/inventory-us-greenhouse-gas-emissions-and-sinks>

Total U.S. Greenhouse Gas Emissions by Economic Sector in 2022

Total U.S. Greenhouse Gas Emissions by Economic Sector and Electricity End Use

Note: All emission estimates are derived from the Inventory of U.S. Greenhouse Gas Emissions and Sinks, 2005-2022. Greenhouse gas emissions from commercial and residential buildings increase substantially when emissions from electricity end use are included, due to the relatively large share of electricity use (e.g., heating, ventilation, and air conditioning, lighting, and appliances) in these sectors. Also, if emissions from electricity use are allocated to the residential and commercial sectors, the residential and commercial sectors become a net sink and offsets 13% of these greenhouse gas emissions. This net sink is not shown in the above diagram.

<https://www.ucdavis.edu/food/news/making-cattle-more-efficient>

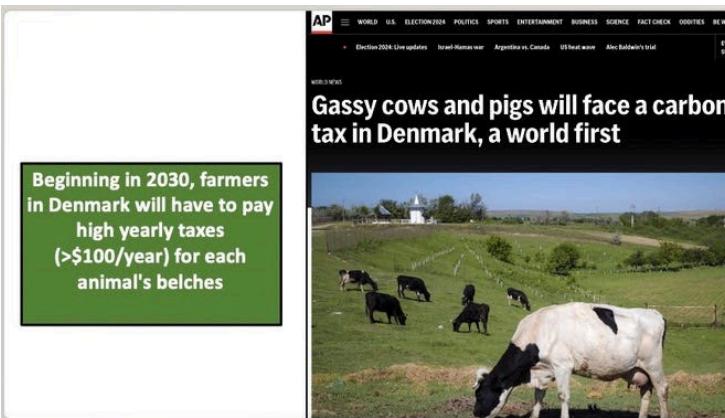
Cows under attack

- Belching!
- Limiting Slaughterhouses and meat processors
- EPA regulation of releases
- Arresting Raw Milk producers
- Labelling of food allowed to disguise origin, ingredients
- Bird flu infections of cows

Davis

The plastic chambers help measure the amount of gases coming from the stomach more precisely. Each year, one cow can belch 220 p, which is 28 times more potent than carbon dioxide. (Karin Higgins)





99% of US cattle are slaughtered in USDA-inspected and approved facilities

The Counter

Subscribe [Donate](#)

USDA rules often force small, sustainable farmers to ship animals hundreds of miles away—even out of state—to be slaughtered.

20

Natura 2000 Network, 2019

"Natura 2000 is a network of protected areas covering Europe's most valuable and threatened species and habitats. It is the largest coordinated network of protected areas in the world."

<https://www.eea.europa.eu/themes/biodiversity/natura-2000/the-natura-2000-protected-areas-network>

<https://www.eea.europa.eu/en/analysis/maps-and-charts/natura-2000-network-terrestrial-and>

Article 6... require[s] Member States to take measures within Natura 2000 to maintain and restore the habitats and species in a favorable conservation status, avoiding activities that could significantly disturb these species, result in deterioration of their habitats or damage habitat types.

Natura 2000 Network (terrestrial and marine areas)

- Areas Directive sites (SPA)
- Birds Directive sites (SG, SAC)
- Sites - or parts of sites - belonging to both Directives
- Outside coverage

A detailed map of Europe showing the distribution of Natura 2000 protected areas. The map uses different colors and patterns to represent various protected sites across the continent.



COP15 ends with landmark biodiversity agreement



"COP 15 resulted in the adoption of the Kunming-Montreal Global Biodiversity Framework (GBF) on the last day of negotiations. The GBF aims to address biodiversity loss, restore ecosystems and protect indigenous rights. The plan includes concrete measures to halt and reverse nature loss, including putting 30 per cent of the planet and 30 per cent of degraded ecosystems under protection by 2030. It also contains proposals to increase finance to developing countries – a major sticking point during talks.

The stakes could not be higher: the planet is experiencing a dangerous decline in nature as a result of human activity. It is experiencing its largest loss of life since the dinosaurs. One million plant and animal species are now threatened with extinction, many within decades."

<https://www.unep.org/news-and-stories/story/cop15-ends-landmark-biodiversity-agreement>

22



Natural Resources Conservation Service
U.S. DEPARTMENT OF AGRICULTURE

Biden-Harris Administration Announces \$90 Million in Innovative Projects that Help Conserve Natural Resources and Address Climate Change as Part of Investing in America Agenda

<https://www.nrcs.usda.gov/news/biden-harris-administration-announces-90-million-in-innovative-projects-that-help-conserve>

READING, PA, July 18, 2024 – Agriculture Secretary Tom Vilsack today announced the U.S. Department of Agriculture (USDA) is investing \$90 million in 53 Conservation Innovation Grants (CIG) projects, which support the development of new tools, approaches, practices and technologies to further natural resource conservation on private lands. This year, increased funds were available because of President Biden's Inflation Reduction Act, which is funding CIG projects that address climate change, with a particular focus on innovative solutions to reduce livestock emissions of enteric methane, a potent greenhouse gas.

23

Edible insect "farms" for human consumption in the US and Canada



Ann Front. 2020 Aug; 13(8): 18-25.

Published online 2020 Aug 14. doi: 10.1533/afed.20.0007

PMID: 32763895

The edible insect sector in Canada and the United States

Jennifer Lemoine, Barbara Garschke, Louise Head-Gomez, Inc. J. Bales, Jeffrey A. Simmonds, Chantal Piché, Marianne Gélinas, and Scott W. Newmaster

Author information • Article notes • Copyright and License information • PMC Disclaimer

Jennifer Lemoine, Riverton, Quebec, G7J, Canada



Figure 1.

Map of edible insect producers (orange dot, excluding producers of live insects for the pet market and research centers) and processors (green facility) in Canada and the United States.



ONE HEALTH: Operational Framework for Strengthening Human, Animal, and Environmental Public Health Systems, Annex 1 (2018)
World Bank and EcoHealth Alliance

"The following should be considered in the design of follow-on One Health investments:

- Animal diseases, the lack of adequate food hygiene, and resulting food-borne illnesses can threaten human health, disrupt markets and trade, reduce productivity, and deepen poverty. Improving the management of livestock with a view to preventing and controlling diseases can provide significant economic, social, and human-health benefits for the poor and for society at large.
- The technical and institutional capacity—food quality and safety laboratories, human and financial resources, national legislative and regulatory frameworks, enforcement capacity, management and coordination—need to ensure compliance with international standards and food safety. Weaknesses in the above mentioned areas not only threaten public health, but may also reduce access to global food markets. Large, strategic, and sustained investment is needed in national animal-health and food-safety infrastructure in developing countries to reduce the risks to human health and to allow growth trade and markets, in ways that can contribute to lifting small livestock keepers out of poverty."

<http://documents.worldbank.org/curated/en/703711517234402168/Operational-framework-for-strengthening-human-animal-and-environmental-public-health-systems-at-their-interface>

25

Environmental sustainability of health systems: time to act

The Lancet. April 21, 2023. DOI: [https://doi.org/10.1016/S0140-6736\(23\)00730-4](https://doi.org/10.1016/S0140-6736(23)00730-4)

- "The health-care sector faces a great climate change paradox: health-care facilities and health-care givers are responsible for providing care to those who face harm and illness caused by climate change, but health systems also bear responsibility for the extensive environmental waste and contamination that contribute to these threats.
- Health care contributes nearly 5% of greenhouse gas emissions globally; and if the sector was a country, it would be the fifth largest polluter in the world.
- As the Pan-European Commission on Health and Sustainable Development and others have underlined, the world is at a crucial moment that requires the operationalisation of One Health and the re-envisioning of health-care practices, the determinants of health, and collaboration and coordination across sectors.
- A first step in reducing countries' carbon footprints is to work with those who are tackling climate change and biodiversity loss issues to foster environmental sustainability within health systems and the way they function."

26

In 2019, the United Nations became a partner of

the W.E.F. to accelerate the SDGs!

<https://weforum.ent.box.com/s/rdleipawki2vdaidw8npbtyach2qbt>



COMMITTED TO
IMPROVING THE STATE
OF THE WORLD

The United Nations -World Economic Forum Strategic Partnership Framework for the 2030 Agenda

The United Nations and the World Economic Forum are committed to accelerate implementation of the 2030 Agenda for Sustainable Development - the world's plan for peace, prosperity, and a healthy planet.

Recognising the ambition of the 2030 Agenda, the United Nations and the World Economic Forum seek to strengthen their partnership by focusing on jointly selected priorities and by pursuing a more strategic and coordinated collaboration, by leveraging their respective strengths and broadening their combined impact, building on existing and new collaborations by UN entities.

The partnership envisions for the United Nations (hereinafter "UN") and the World Economic Forum (hereinafter "Forum") to help each other increase their outreach, to share networks, communities, knowledge and expertise, to foster opportunities for innovation, and to encourage a wide understanding of and support for priority issues among their relevant stakeholders.

27



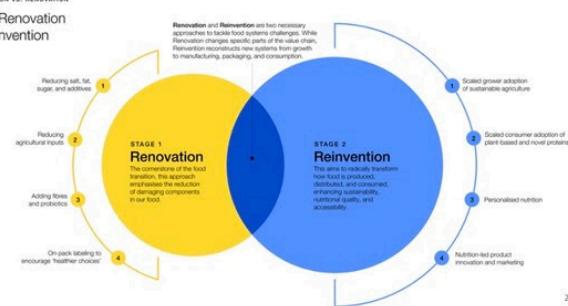
Renovation and reinvention are key to saving our food system. Here's why

Jun 13, 2024

<https://www.weforum.org/agenda/2024/06/renovation-reinvention-food/>

REINVENTION VS. REINVENTION

From Renovation to Reinvention



28

"You see, we never, ever do nothing... Nice and easy... We always do it nice and rough.
So we're going to take the beginning of this song... And do it easy.
But then we're going to do the finish rough."

Tina Turner's version of Proud Mary

- "The food transition requires comprehensive transformation.
- **Renovation** involves **incremental changes to recipes and packaging** that will gradually impact public health." **[SOFT FOOD COUP]**
- **Reinvention** means **systemic industry-level changes to production, distribution and consumption of food.**" **[HARD FOOD COUP]**
- "The food transition aims to reshape the way society produces, distributes, consumes and discards food – a transformation that will impact the mutual advancement of human and environmental health. The scale of change is akin to the energy transition."
- "Rapid advancements in plant-based R&D as well as bio-identical plant or animal proteins, fats and oils produced through precision fermentation and cell-cultivated biotechnologies, are opening up spaces for Reinvention."

<https://www.weforum.org/agenda/2024/06/renovation-reinvention-food/>

29

The Lancet
sponsored the
EAT
Commission.

It claimed there
could be \$5-10
trillion dollars in
annual benefits
for transforming
the food
system.

[https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(18\)31788-4/abstract](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(18)31788-4/abstract)



EAT

Download the full report [HERE](#).

- Transforming global food systems could create 5-10 trillion USD of economic benefits every year.
- Food systems are currently destroying more value than they create – with inefficient and fragmented policies leading to hidden health and environmental costs upwards of 10 trillion USD per year.
- Fixing food systems requires an overhaul of food system policies, investment in innovation and enabling people to eat healthier and more environmentally sustainable diets.
- The cost of transformation is small compared to its multi-trillion dollar benefits.
- New economic modelling finds that food systems are a uniquely powerful means of addressing global climate, nature and health emergencies at the same time – while offering a better life to hundreds of millions of people.

The global food system does the crucial work of producing and distributing food to a growing population, but its hidden costs – caused by undernutrition, productivity loss and environmental damage – are currently estimated as equivalent to 10% of global GDP annually, higher than the system's contribution to economics.





DEFENSE ADVANCED
RESEARCH PROJECTS AGENCY

ABOUT US / OUR RESEARCH / NE

Defender Advanced Research Projects Agency > DARPA's ReSource Program Turns Waste into Purified Products, Food

DARPA's ReSource Program Turns Waste into Purified Products, Food

Next phase of program to focus on developing integrated systems and scale-up capabilities for producing on-demand stocks from military waste

OUTREACH@DARPA.MIL

11/29/2021



Share this



Post Views: 37

LEAVE A REPLY

You must be logged in to post a comment.





The Alternative View Presents

Sunday 20th October - The Assembly Rooms Glastonbury

Thomas Sheridan and Maria Wheatley

The Magical Landscapes of these Sacred Islands Unleashed

Tickets £30.00

[Tickets and Info](#)

Recordings Early Bird ticket Available Now

£10.00 ~~£15.00~~

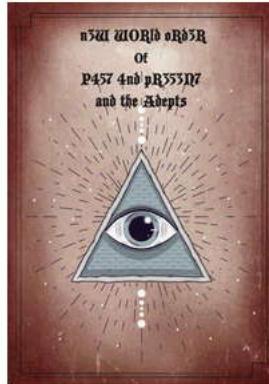
[Tickets and Info](#)



gary

of the house of Fraughen

The New World Order Past and Present and the Adepts



Gary Fraughen New Book Now Available

The latest book from author and Alternative View host Gary Fraughen is now available to order. All orders for the first print run will be shipped on Monday the 14th October 2024.

Gary will be signing copies at the forthcoming Alternative View Glastonbury event on Sunday the 20th October.

www.garyfraughen.co.uk

This site is intended as an informational guide. The remedies approaches and techniques described herein are meant to supplement, and not be a substitute for, professional, medical care or treatments. Any information is for entertainment purposes only. Any previous articles which prefix the **8th of February 2023** have no involvement in new upload to this site. Any Copyright infringements are not intended and any such should be made aware to the site for immediate withdraw. Articles posted here are for your consideration at your discretion. No purported facts have been verified. Articles do not necessarily reflect the views of the poster nor the site owner.

Blog editor - editor[at]tapnewswire.com

